



# Wellness for Law

Wellness for Law UK Forum 2017

## Re-wiring the Law

educating the profession to safeguard ethics and wellbeing

### Thursday 29 June 2017

5.30pm	Choral Evensong & musical celebration of St. Peters Day	Temple Church
6.30pm	Pre-Conference Dinner Drinks Reception	Luncheon Room
7pm	Pre-Conference Dinner with welcome from the Treasurer of The Honourable Society of the Inner Temple, <u>David Pittaway QC</u> , and special guest speaker <u>Michael Mansfield QC</u>	Parliament Chamber
9.30pm	Carriages	

### Friday 30 June 2017

8.30am	Optional morning activity: Mindfulness exercise (30 minutes)	Inner Temple Garden
9.15am	Registration, tea and coffee	Parliament Chamber
9.30am	Conference Opening: <u>Rachel Spearing</u> , Convener	Parliament Chamber
9.35am	Opening Address: <u>Andrew Langdon QC</u> , Chairman of the Bar	Parliament Chamber

## Wellbeing & Legal Education Curricular & Clinical Development



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9.45am	Keynote Address: <b><i>Mindfulness for Resilience, Wellbeing and Sustainable Performance</i></b> Associate Professor Craig Hassed, Department of General Medical Practice, Monash University, Australia	Parliament Chamber
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WORKSHOP	SESSION 1A	SESSION 1B	SESSION 1C
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10.30am	<b><i>Reflections on the Delivery of Large Scale Mental Health and Wellbeing Training to Law Graduates</i></b>  Parliament Chamber	<b><i>A Supervision Model for Legal Workplaces. Addressing the risks of vicarious trauma through peer group supervision: Case Studies &amp; Guides</i></b>  Luncheon Room	<b><i>Systemic Coaching to manage and understand challenging environments</i></b>  Drawing Room
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11.15am	Tea and coffee break	Parliament Chamber
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11.45am	<b><i>Introduction to SOS: Silence of Suicide</i></b> Michael Mansfield QC and Yvette Greenway SOS aims to facilitate open discourse, work to eradicate stigma and raise awareness of the impact of suicide. This session will introduce the charitable organization and its objectives.	Parliament Chamber
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12.45pm	Buffet Lunch	Ante Room
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## Wellbeing & Rewiring the Law Managing Practice Development



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1.45pm	Keynote Address: <b><i>Leadership and managing the pressures of human performance</i></b> <u>Andy McCann &amp; Steve Eaton MBE</u> DNA Definitive			Parliament Chamber
2.30pm	Trauma Risk Management (TRiM) Skills Session <u>Andy McCann &amp; Steve Eaton MBE</u>			Parliament Chamber
<b>WORKSHOP</b>	<b>SESSION 2A</b>	<b>SESSION 2B</b>	<b>SESSION 2C</b>	
3.15pm	<b><i>Developing Policy &amp; Practices for Wellbeing in Chambers</i></b>  Parliament Chamber	<b><i>Crisis Management for Clerks &amp; Practice Managers</i></b>  Luncheon Room	<b><i>Practical Training to prepare yourself for Practice</i></b>  Drawing Room	
4pm	Panel Plenary Discussion – Applying research to practice- What next for the profession?			Parliament Chamber
4.30pm	Conference closing, tea and networking			Parliament Chamber