



2016 NATIONAL WELLNESS FOR LAW FORUM

RE - WIRING THE LAW

PROGRAM



**THE COLLEGE
OF LAW**



DAY 1			THURSDAY, 4 FEBRUARY 2016		
OPTIONAL EARLY MORNING ACTIVITY					
8.00am - 8.45am	Yoga - Sunita Baste		ROOM		
8.15am - 8.45am	Mindfulness practice session - Joel Orestein		ROOM		
8.30am	Registration, tea and coffee		Bridge Room		
9.15am	WELCOME		McDowell Hall		
	Neville Carter Chief Executive Officer and Principal, The College of Law				
9.20am	OPENING ADDRESS		McDowell Hall		
	The Honourable Justice Anna Katzmann Judge, Federal Court of Australia				
9.45am	KEYNOTE ADDRESS		McDowell Hall		
	Professor Felicia Huppert, Cambridge University/ACU				
	The foundations of well-being; from neuroscience to experience and behaviour				
	Chair: Michael Appleby				
10.45am	Morning tea		Bridge Room		
SESSION 1 - PLENARY SESSION					
11.15am	Murray Patterson National Head of L & D, Herbert Smith Freehills		McDowell Hall		
	Gillian Coutts Partner, Potential Project				
	Mindfulness in Practice				
	Chair: Madeleine Dupuche				
SESSION 2A		SESSION 2B		SESSION 2C	
12.00pm	Room: Building Resilience in the Law	Room: Mediation Laughter and more... Welness Secrets fro Success	Room: Law as a Healing Profession		
	Robyn Bradey	Chamundai Curran	Joel Orenstein		
12.30pm	Room: The value of self-determination: How to put the theory into practice for successful well-being and professionalism outcomes	Room: What suggestions do law students offer to improve their mental wellbeing?	Room: Changing the conversation to advocate proactivity over reactivity		
	Anneka Ferguson	Wendy Larcombe	Jerome Doraisamy		
	Chair:	Chair:	Chair:		

1.00pm	Lunch	Bridge Room	
	SESSION 3A	SESSION 3B	SESSION 3C
2.00pm	Room: A Supervision Model for Legal Workplaces. Addressing the risks of vicarious trauma through peer group supervision: A Case Study. Glenn Dennett, Robyn Bradey and Tanya Vaughan-Williams	Room: Wellbeing at the Bar: A resilience assessment of Barristers in the UK. Rachel Spearing	Room: Wellbeing, Professional Identity and the Legal Workplace: Supporting Newly-Admitted Lawyers in the Transition to Practice Tony Foley, Vivien Holmes, Margie Rowe and Stephen Tang
2.30pm	Room: Making early connections: Using mentor telephone calls to connect with prospective commencing students Samantha Kontra and Tania Leiman	Room: Exploring the disparity –Law student wellness through the lens of legal education discourse Jackson Walkden-Brown	Room: Law Student Mental Health and Wellbeing Alastair Booth
3.00pm	Room: Precis: The true cost of suicide - A widow's story Elizabeth Rusiti	Room: 'Bleached out': Lawyers, Well-Being and Gender Paula Baron	Room: A conscious habit and resilience in law Florence Thum
	Chair:	Chair:	Chair:
3.30pm	Afternoon Tea	Bridge Room	
	SESSION 4A	SESSION 4B	SESSION 4C
4.00pm	Room: Monash Law Student Wellbeing Study - 5 Years On Lloyd England and Anthony Lester	Room: Keeping your head above legal water David Davidson	Room: Rewiring responses to stigma of mental ill-health: Name the shame, Honour the pain, Make a new claim Mark Seton
4.30pm	Room: Wellbeing for Lawyers - creating future video resources Michael Appleby	Room: Promoting Law Student Well-being – A Developing Program and the Use of Animation James Duffy, Rachael Field, Anna Huggins and Kylie Pappalardo	Session Duration (4.00pm - 5.00pm)
	Chair:	Chair:	
5.00pm	Close of the Day	McDowell Hall	
7.00pm	Dinner	The Arthouse Hotel, 275 Pitt Street, Sydney	

DAY 2 FRIDAY, 5 FEBRUARY 2016		
OPTIONAL EARLY MORNING ACTIVITY		
8.00am – 8.45am	Yoga - Sunita Baste	
8.15am - 8.45am	Mindfulness practice session - Joel Orestein	
8.30am	Registration, tea and coffee	Bridge Room
9.15am	KEYNOTE ADDRESS Dr Rebecca Michalak Causes and consequences of work-related psychosocial risks: Comparative Data and Key Recommendations for Policy, Practice, and Research Chair: Judy Bourke	McDowell Hall
10.15am	Morning tea	Bridge Room
SESSION 5 - PLENARY SESSION		
10.45am	The TJMF Psychological Wellbeing: Best Practice Guidelines for the Legal Profession Marie Jepson Tristan Jepson Memorial Foundation David Field General Counsel, Telstra Operations Legal Services Anastasia Zappert Human Resources Advisor, Squire Patton Boggs (AU)	McDowell Hall
SESSION 6 - PLENARY SESSION		
12.00pm	Presentation Bruce Hardy Artistic Director, BottledSnail Productions Chair:	McDowell Hall
12.30pm	Lunch	Bridge Room

	SESSION 7A	SESSION 7B	SESSION 7C
1.30pm	Room: Re-wiring the health of law employees Kaye Graves	Room: Promoting Wellbeing in Complex Legal Systems Christa Ludlow	Room: Non-conscious cognitions and the arts – Harnessing the findings of neuropsychology for creative problem solving Bernadette Healy Session Duration (1.30pm - 3.00pm)
2.00pm	Room: Encountering traumatic material: Using concepts of 'emotional labor' and 'vicarious resilience' in legal education. Tania Leiman and Jocelyn Milne	Room: Feeling Good and Doing Good: an evaluation of a new legal ethics course Justine Rogers	Room: Non-conscious cognitions and the arts – Harnessing the findings of neuropsychology for creative problem solving Bernadette Healy
2.30pm	Room: Man Up! Or Move On: How 'doing law' by 'doing masculinity' is bad for our health. Colin James	Room: New Patterns for Old Habits: Looking stigma and shame in the eyes Mark Seton	Session Duration (1.30pm - 3.00pm)
	Chair:	Chair:	
3.00pm	Afternoon Tea	Bridge Room	
	SESSION 8A	SESSION 8B	
3.30pm	Room: Key Stressors and Possible Solutions – The Adelaide Law Student Experience Kellie Toole, Mark Giancaspro and Corinne Walding	Room: Title TBA Kylie Weston Scheuber, Bruce Hardy	
4.00pm	Room: Professional identity and the Psychological Well-Being of Barristers at the English Bar: A Pilot Survey Using a Phenomenographical Methodology. Rachael Field and Rachel Spearing	Room: Bridging the information gap in the law school environment: improving student wellness and identities within their narratives Barry Yau and Alexandra Johnstone	
	Chair:	Chair:	
4.30pm	Wrap up and looking ahead		McDowell Hall
4.45pm	Conference Close		